

Peaceful Warrior Martial Arts & Healing Center

Class Schedule (Effective September 9, 2019)

Classes are suitable for All Ranks unless otherwise noted

Monday

Main Floor		Traditional Floor	
4:25 - 5:25	Youth Karate		
5:30 - 6:30	Youth, Teen, Adult Kumite (Sparring)		
6:35 - 7:35	Youth, Teen, Adult Kata		

Tuesday

Main Floor		Traditional Floor	
5:30 - 6:30	Youth, Teen, Adult Kobudo (Weapons)		
6:35 - 7:35	Teen, Adult Advanced Karate – Brown thru Black		

Wednesday

Main Floor		Traditional Floor	
4:25 - 5:25	Youth Karate	4:35 - 5:15	Little Warriors
5:30 - 6:30	Youth, Teen, Adult Kata		
6:35 - 7:35	Teen, Adult Karate		

Thursday

Main Floor		Traditional Floor	
5:30 - 6:30	Youth, Teen, Adult Intermediate Karate – Purple thru Green		
6:35 - 7:35	Teen, Adult Kobudo (Weapons)		

Peaceful Warrior Martial Arts & Healing Center

Friday

Main Floor

Traditional Floor

4:25 - 5:25	Little Warriors, Youth Beginning Karate – White thru Orange	4:25 – 5:05	Little Warriors
--------------------	---	--------------------	-----------------

Saturday

Main Floor

Traditional Floor

9:30 - 11:00	Youth, Teen, Adult Karate; 90-minutes	9:30 - 11:00	Open Mat
---------------------	---------------------------------------	---------------------	----------

MONTHLY MARTIAL ARTS PROGRAM

Little Warriors ages 3-6	Youth ages 7-12	Teen ages 13-17	Adult 18 and up
Beginning ranks: White-Orange	Intermediate ranks: Purple-Green	Advanced ranks: Brown-Black	
\$99/mo. for 2 classes/week	\$119/mo. for 4 classes/week	\$139/mo. for unlimited classes/week	

Private lessons available Monday thru Saturday!

Family Discounts:
3rd family member 25% off
4th family member 50% off
5th family member FREE