



Peaceful Warrior Woman Self Defense 101

Calling all Warrior Women! It is time to tap into your fierce self and join us for this powerful workshop.

Learn to:

- Carry yourself confidently
- Use everyday items as lethal weapons
- Defend against multiple attacks and holds
- Move and strike with great force
- Use your powerful voice
- Gain control ASAP

Saturday, October 23
from
2-4PM

Empowered · Resilient · Courageous



Presented by:



Only
30 spots available!

Cost:
\$25 per person

Location:

Peaceful Warrior Martial Arts
7601 E Gray Rd
Scottsdale 85260

Register at

www.peacefulwarriorphx.com

Click on the Women's Self
Defense tab or QR code above

Questions? Call (480) 330-2066

