

Self Defense Workshop

WARRIOR WOMAN 101

It's time to tap into your fierce self and join us for this powerful session!



Learn to:

- carry yourself confidently
- identify and avoid dangerous situations
- use everyday items as lethal weapons
- defend against multiple attacks
- move and strike with great force

Saturday
April 13
3-5pm

COST: \$40

**4744 E THUNDERBIRD RD,
STE 1
PHOENIX 85032**

Must pre-register: www.peacefulwarriorwoman.com
480-330-2066

